



# CAROLINA COAST BEHAVIORAL SERVICES

*The official monthly CCBS newsletter*

## WHATS GOING ON THIS MONTH?

Hello everyone! This month we are feeling very thankful at CCBS. We feel thankful for our kids, our amazing RBT's, and the parents who welcome us into their home or spend time driving their kids to the clinic to get services! Through all the ups and downs, we are thankful for the flexibility and communication we share every day.

Taylor Veal- Special Projects and Outreach Coordinator

### Local Autism- Friendly Events

Chuck-E-Cheese has Sensory Friendly hours the first Sunday of the month from 9-11am  
7258 Rivers Ave. North Charleston,  
SC 29406

Benefits of this event include:

- Less crowding and more quiet restaurant environment
- Dimmed lighting
- All ages and siblings welcome
- The show and music turned down or off entirely

### Did you know?

Community Yoga on Savannah Highway offers one free class per month for all Autism Caregivers! All you have to do is go to their website, register for a class, then enter the promo code LCAF2021 at checkout!



caregiver yoga  
at  
COMMUNITY  
yoga

LOWCOUNTRY AUTISM FOUNDATION  
PROVIDES ONE FREE YOGA CLASS  
PER MONTH FOR LAF CAREGIVERS  
(caregivers can sign up for any in-person or virtual class offered)





## Upcoming Events at CCBS

In honor of Thanksgiving, we will be having our first annual Friendsgiving! At this event, our learners will be able to practice their social skills, and learn more about friendship and maintaining relationships. This event will be available for learners of all ages. Date to be determined, so be on the lookout for an announcement.

## COMPANIES WE LOVE TO LOVE!

### GO PLAY Children's Fitness and Education



*GO PLAY is a children's fitness and education program which takes place inside our specially built TINY GYM. We had them come to our camp this summer twice because it was such a hit with our kids! All ages loved this padded, spacious travel gym. As the weather gets colder... this can be a perfect way to get some wiggles out!*

